

Facilities Factsheet

POOL

Indoor Pool and Pool Side Loungers (10x6m,
1.1m deep, 28°C)

Indoor Jacuzzi Pool (35-38°C)

THERMAL SUITE (UNISEX)

Rasul chamber

Sauna (80-100°C)

Steam Room (42-46 °C)

Please Note: Swimwear is required in all areas of the Thermal Suite

FITNESS STUDIO

State-of-the-Art Cybex Equipment

Treadmills

Cross trainers

Weight Machines and Free Weights & Power
Plate designed to improve core body strength
and flexibility.

TENNIS COURT

Located in the tranquil spa gardens